

After vacation your car needs
KYANIZE
FENDER AND BODY
TOUCH-UP ENAMEL
1/2 Pint..... **39c**
Paxman's
Sporting Goods
Headquarters

Those Iron Foods

It's a good idea to have lists of foods that are rich in the various minerals and salts. One never knows when some member of the family, neighbor or friend may need the advice such lists will enable you to give. Lean beef is exceptionally rich in iron. If you do not care for beef, oysters and spinach are almost as good. Then, in the order named, we have molasses, eggs, graham bread, potatoes.

Candy Etiquette

No formal luncheon, dinner or tea is complete without candy. In fact the serving of confectionery at social functions has become so general that authorities on etiquette are coming forward with advice concerning the right kind of sweets to provide for your guests and the proper method of serving them.

One well-known authority says that at a small dinner hon-bon dishes full of candy should be placed at the four corners of the table where they are easily accessible to all guests and passed around at the end of the meal. The candy should stay on the table throughout the meal because when properly selected it adds color to the scheme of table decorations. It is important, however, to choose candies that fit the color scheme, and this is an easy task because candy nowadays comes in almost every conceivable hue, shade and tint.

As a rule small pieces are preferred. Peppermint and assorted chocolates are the favorites for table service, but in this respect the hostess can serve almost any kind of candy she chooses, provided it is good candy.

oatmeal, green peas, fish, dates and raw cabbage. No need for anyone to go without his quota of iron.

Stuffed Meat Loaf Is Easy

Stuffed chops and roasts regularly are given places on the menu in many homes, but have you tried a stuffed meat loaf? This combines a bread dressing with ground meat. In such a way as to make the whole dish enjoyed, with the meat juices flavoring the bread dressing. It makes an economical dish, which may well be a feature of the meal.

The stuffed meat loaf is easily made. Here are directions: Have beef and pork ground together, in the proportion of 1 pound of beef to one-half pound of pork. In the interest of economy, choose beef from the neck or shoulder and pork from the shoulder or trimmings for grinding. Season the ground meat with grated onion, salt and pepper. Moisten with slightly beaten egg. Pack two-thirds of this into a greased loaf pan, shaping it well up the sides of the pan, and leaving the center hollow. Fill the center with a moist bread dressing. Pack the remainder of the ground meat on top. Lay slices of bacon over it, and bake in a moderate oven (350° F.) until done, about one hour.

To serve, turn the loaf out onto a platter, and cut into slices.

Teachers See Western Wonders on University Tour



Group of Mobilgas-fueled passenger buses used by 250 teachers in touring Pacific Coast states to see western scenic wonders, and typical camp scene of this unique motor caravan. Below is R. O. Burbridge, president of the University of Tours, the college on wheels.

One of the most unique motor caravans ever seen in the country is touring the Pacific Coast states this month. Traveling in eight Mobilgas-fueled passenger buses, and using large trucks for their equipment, 250 teachers from 40 states are enjoying the glamorous spectacle of western scenery, while attending the University of Tours, actually a college on wheels.

This motorized university, presided over by R. O. Burbridge, includes Nevada, California, Oregon and Washington in its itinerary, according to information received by William C. Campbell, Torrance wholesale agent for the marketers of the Mobilgas and Mobiloil, used on the tour.

Sandwiched in between their studies of zoology, biology, western history and other subjects for which they get complete summer school credit, are visits to many places. Recently they passed through Torrance, and Santa Monica, going on to Yosemite National Park, San Francisco, Portland, Mount Rainier, Seattle, Spokane and the famous Coeur d'Alene mining district, reached August 10. Thence they return to Kansas City.

Phone 444 For Ad Service

In Few Fatal Crashes Women Drivers Involved

KANSAS CITY, Mo. (U.P.)—Men drivers are more likely to be involved in accidents in which someone is killed than a woman driver, according to a check by police here. In Kansas City last year women were responsible for 6 percent of the fatal accidents; whereas at any hour of the day an average of 11 percent of the cars are driven by women. Therefore, men, who drive 89 percent of the cars are responsible for 94 percent of the fatal accidents.

ROTARY PICNIC TONIGHT

Members of the Torrance Rotary club, their wives and guests, will attend a picnic at the city park tonight. Fried chicken dinner will be served to about 70 by Mrs. Frank Weiss.

Byrd Ship On Display

CLEVELAND, (U.P.)—Admiral Richard E. Byrd's 1929 Antarctic expedition ship will be shown this summer at the Great Lakes Exposition.

Oldest African Mine Reopened WINDHOEK, Southwest Africa (U.P.)—Rising copper prices have permitted reopening of the oldest mine in South Africa.

ASSOCIATED GROCERS
INDIVIDUALLY OWNED STORES

Weekend FOODS Sale

SPECIALS FOR FRIDAY AND SATURDAY, AUG. 6, 7

HILL'S Red Can COFFEE 1-lb. 28c

Kre-Mel Dessert SUNMAID—PUFFED RAISINS Package..... 5c 15-oz. Package 10c

GOLDEN SWAN—Fancy Natural ASPARAGUS No. 2 Can..... 25c

SUNMAID—SEEDLESS RAISINS 15-oz. Package 9c

B & M—BAKED BEANS Large Can..... 18c

B & M—KIDNEY BEANS No. 2 Can..... 12c

GOLDEN SWAN MILK
"TOP QUALITY"
LARGE CANS
3 CANS FOR 19c

WHITE KING SOAP 3 BARS 10c

WHITE KING GRANULATED SOAP Large Package 30c

PALMOLIVE SOAP 3 CAKES 17c

SNOWDRIFT SHORTENING 1-lb. 3-lbs. 22c 58c

FLUFFO SHORTENING 1-lb. 15c

DOUMAK'S Snow White Marshmallows Full-Pound Cello Pkgs. 2 FOR 25c

THRIFTEE SALAD DRESSING Pints Quarts 19c 29c

BETTER BEST SODAS OR GRAHAM CRACKERS 1-lb. Packages 2 FOR 25c

DOUMAK'S Snow White Marshmallows Full-Pound Cello Pkgs. 2 FOR 25c

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SAVE TWO WAYS

BETTER QUALITY MEANS LESS WASTE! LOWER PRICES!

FRESH VEGETABLE SPECIALS THIS WEEK

White Rose POTATOES 25 lbs. 25c

FRESH LIMA BEANS 3 lbs. 15c

GRAVENSTEIN APPLES 8 lbs. 25c

FREESTONE PEACHES 7 lbs. 25c

NEW CROP Sweet Potatoes or Yams 2 lbs. 15c

Quality Super Market

1325 SARTORI AVENUE VEGETABLE DEPT.

A&P CHECK THESE VALUES!
If you want to cut your food bill, visit your A&P Food Store this week-end... special low prices on every-day needs.

CAMPBELL'S SOUP 10 1/2-oz. can 8c
TOMATO SAUCE DEL MONTE 8-oz. can 3 1/2c

HAMILTON'S EASTERN SAUERKRAUT No. 2 1/2 can 10c
Yukon Club Lime Rickey, Sparkling Water 3 large bottles 20c
C.H.D. SWEET MIXED OR SWEET PICKLES 25-oz. jar 25c
HEINZ TOMATO KETCHUP 14-oz. bottle 15c

ICE CREAM POWDER JUNKET pkg. 7 1/2c
ORANGE PEKOE NECTAR TEA 1-lb. pkg., 25c 1-lb. pkg. 13c
ANN PAGE PORK & BEANS 28-oz. can 10c
"The Breakfast of Champions" WHEATIES pkg. 10c

GOLDEN AGE SPAGHETTI OR MACARONI 1-lb. pkg. 12c
CAKE FLOUR SWANS DOWN 44-oz. pkg. 22c
KING KELLY ORANGE MARMALADE 1-lb. jar 13c

HORMEL HAM A LING 10 1/2-oz. can 19c
VITAMIN A, B, C DOG FOOD RED HEART 3 1-lb. cans 29c
WHITE HOUSE EVAP. MILK 1-lb. can 6c
NUTLEY "WHOLESOME" MARGARINE 1-lb. 14 1/2c
BEST FOODS MAYONNAISE quart jar 45c
EIGHT O'CLOCK COFFEE 3-lb. bag 55c 1-lb. 19c
DEL MONTE ASPARAGUS TIPS pic. can 13c
DEL MONTE SLICED PINEAPPLE No. 2 1/2 17c
CRISCO New Super-creamed shortening 5-lb. can 53c 1-lb. can 19c
PILLSBURY'S "BEST" FLOUR 24 1/2-lb. \$1.04 49-lb. \$2.05 10-lb. sack 46c

SILVERBROOK BUTTER 1st Quality Quarters lb. 38c
DE LUXE EXTRA QUALITY LGE. FRESH EGGS doz. 29c
MISSION BELL TOILET SOAP cake 4 1/2c
FOR ALL FINE LAUNDERING LUX FLAKES small pkg. 9c
KELLOGG'S W.W. FLAKES pkg. 8c
KELLOGG'S WHEAT KRISPIES pkg. 10c

MALTED MILK THOMPSON'S CHOCOLATE 1-lb. 35c
SWEET CORN CREAM STYLE 3 No. 2 cans 25c

A&P HAS THE VALUES!
PRICES EFFECTIVE THURSDAY, FRIDAY, SATURDAY, AUGUST 5, 6 & 7, 1937.

A&P FOOD STORES
THE WORLD'S LEADING FOOD MERCHANTS
1319 SARTORI AVENUE, TORRANCE

MEAT DEPT. SPECIALS!

Cudahy's Ever-Ready "Tenderized" Skinned

HAMS
"READY TO SERVE" SHANK BUTT END lb. 37c
WHOLE OR FULL SHANK HALF lb. 37c
END 32c

LAMB LEGS Fancy Spring Baby Milk lb. 29c

LAMB SHOULDER Fancy Spring Baby Milk lb. 19c

GRAIN-FED "BRANDED" STEER BEEF 7-BONE ROAST CENTER CUT CHUCK lb. 18c

GRAIN-FED "BRANDED" STEER BEEF ROUND OR SWISS lb. 28c

FANCY FRESH DRESSED HENS YOUNG 3 1/2-4 1/2 lbs. Avg. lb. 25c

Sunnyfield or Cudahy's Puritan Fancy Eastern SLICED BACON 1-lb. pkg. 19c

"Best Ever" Finest Quality Bologna, Fresh Liver Sausage WIENERS & CONEYS lb. 19c

FRESH LEAN GROUND BEEF lb. 15c

ARMOUR'S WHITE CLOUD SHORTENING Bulk 2 lbs. 25c

FRESH FRUITS & VEGETABLES

"THE PICK OF THE CROP"
GRAVENSTEIN COOKING APPLES 5 lbs. 15c
FANCY ELBERTA FREESTONE PEACHES 3 lbs. 13c
HALE FREESTONE PEACHES 2 lbs. 9c
TENDER GREEN LIMA BEANS lb. 5c
FRESH CALIFORNIA BARTLETT PEARS lb. 5c

YOUR ASSOCIATED GROCER
DOAN'S MARKET
2223 Torrance Blvd., Torrance, Phone 486
RICHARD COLBURN
1801 Cabrillo Ave., Torrance, Phone 110
GEO. H. COLBURN
645 Sartori Ave., Torrance, Phone 622